



# March

# 2024

| MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   | <b>All meals include:</b><br><b>Special New!</b><br><b>Fresh Fruit or 100% Juice available at every meal</b><br><br><b>Fat Free Chocolate Milk</b><br><b>1% Milk Skim Milk</b><br><br><b>Premium Hot and Cold Daily Sandwiches</b><br><br><b>Assorted Salads</b><br><br><b>Pizza Available Daily</b><br><br><b>Chicken Tenders &amp; French Fries</b><br><br><b>Menus are subject to change without notice.</b> |
|--|---|---|---|--|---|
|  |   |   |   | <b>1</b><br>Italian Chicken and Rice Bowl<br>Buffalo Chicken Sandwich<br>Ham Chef Salad<br>Spinach<br>Tater Tots |   |
| <b>4</b><br>Chicken Nuggets<br>Turkey Chef Salad<br>Curly Fries<br>Red Pepper Strips         | <b>5</b><br>Taco Tuesday<br>Baja Salad<br>Kickin Pinto Beans<br>Baby Carrots  | <b>6</b><br>Cheese Quesadilla<br>Italian Salad with Ham<br>Zucchini<br>Broccoli             | <b>7</b><br>BBQ Chicken Flatbread<br>Popcorn Chicken Salad<br>Rainbow Vegetables<br>Celery          | <b>8</b><br>Zesty Orange Chicken over Rice<br>Ham Chef Salad<br>Spinach<br>Tater Tots                            |   |
| <b>11</b><br>Meatball Melt<br>Baja Salad<br>Baked Beans<br>Green Beans                       | <b>12</b><br>Taco Tuesday<br>Baja Salad<br>Campfire Beans<br>Baby Carrots     | <b>13</b><br>Pizza Quesadilla<br>Taco Chicken Salad<br>Kidney Beans<br>Peas and Carrots     | <b>14</b><br>Mac N Cheese<br>Turkey Chef Salad<br>Celery Sticks<br>Mixed Veggies                    | <b>15</b><br>TotChos<br>Popcorn Chicken Salad<br>Baby Carrots<br>Spinach Salad                                   |   |
| <b>18</b><br>Buffalo Chicken Sandwich<br>Baja Salad<br>Black Beans<br>Green Beans            | <b>19</b><br>Taco Tuesday<br>Tossed Salad<br>Black Beans<br>Baby Carrots      | <b>20</b><br>Popcorn Chicken Bowl<br>Taco Chicken Salad<br>Kidney Beans<br>Peas and Carrots | <b>21</b><br>BBQ Chicken and Cheddar Flat Bread<br>Turkey Cobb Salad<br>Tater Tots<br>Celery Sticks | <b>22</b><br>Cheesey Penne<br>Italian Salad<br>Baby Carrots<br>Spinach Salad                                     |   |
| <b>25</b><br>Honey Stung Popcorn<br>Chicken<br>Chef Salad with Egg<br>Spinach<br>Red Peppers | <b>26</b><br>Taco Tuesday<br>Baja Salad<br>Kickin Pinto Beans<br>Baby Carrots | <b>27</b><br>Breakfast for Lunch<br>Italian Salad<br>Carrots<br>Celery                      | Garlic Chili Chicken Lo Mein<br>Tossed Salad with Cheese<br>Edamame<br>Corn                         | <b>29</b><br>No School   |   |

## Roy W. Brown MIDDLE SCHOOL LUNCH MENU

### Start Your Day off Right with a Nutritious Breakfast!!

participating In For all other FNS nutrition assistance programs, State or local agencies, and their subrecipients, must post the following Nondiscrimination Statement: In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](http://www.ascr.usda.gov/complaint_filing_cust.html), (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;

