

**BERGENFIELD HIGH SCHOOL  
GUIDANCE OFFICE  
Bergenfield, NJ 07621**

**A PARENT'S PERSPECTIVE FOR THE COLLEGE LETTER OF  
RECOMMENDATION**

To the Parents of Juniors:

As part of your child's college applications, his/her guidance counselor will write a letter of recommendation which is required by most colleges and universities. Information supplied by you and your child becomes an important part of his/her college planning file. Student appointments will be scheduled in the fall.

As counselors, we are asked to comment on your child's academics, personal characteristics and level of involvement in extracurricular activities. In order to write the best possible recommendation we need to gather information from several sources including your child, his/her teachers, club/activity moderators, coaches, our personal files, and official school records. At this time, we are requesting your input.

We have many opportunities to get to know your child, but no one may know him/her as well as you. **Your input is essential.** For instance, there may be facets of his/her life about which we have little awareness. This information may be just the ingredient the counselor needs to write a narrative which will help to distinguish your child from his/her peers.

Please sign the release form so that in the fall we can start sending out transcripts with your child's applications. The student's signature is required if he/she is 18 years old when this document is submitted.

We ask that your son/daughter fill out the enclosed Senior Survey. This survey will also help us to better know your son/daughter and therefore, help us to effectively complete the narrative in the college process.

Please return this packet to the Guidance Department within 10 days of receipt of this information. We look forward to working with you. Thank you in advance for your support.

Sincerely,  
The Guidance Department

Arthur Freiman  
Director of Pupil Personnel

Ligia Alberto James Butler Cyndi Covello Melissa Yoskowitz  
Guidance Counselors

### **A PARENT'S PERSPECTIVE**

How would you describe your child in personal terms; his/her character, goals, values, traits, accomplishments, relative maturity, independence, integrity, originality, initiative, creativity, leadership, and/or citizenship? SPECIFIC EXAMPLES OR ANECDOTES WOULD BE HELPFUL.

If you had to describe your child with five adjectives, what would they be?

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Why do you consider the above qualities to be an accurate portrayal of your child's personality. Please provide specific examples.

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What do you consider to be your child's outstanding accomplishments over the past four years?

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Please describe any special occurrences which might have affected your child during his/her high school years. Is his/her record a true index of his/her ability or have outside circumstances interfered with his/her academic achievement or extracurricular involvement?

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