

## **School Health Services Procedures**

### **Screenings:**

The following screenings are routinely done by the certified school nurse . Referrals are made when indicated.

1. EVALUATION OF GROWTH PATTERN by height and weight recording.
2. VISION and AUDIOMETRIC screening
3. PEDICULOSIS (HEAD LICE) screening
4. SCOLIOSIS screening

### **Physical Examinations**

Physical examinations are required in grades 4, 7, 10. New students in grades K-12 must present results of a physical which has been done within the previous six months. These may be done either by your own physician or by the school physician. Kindergarten students must have a physical exam done by their private physician before entrance into school.

Students participating in the school sports program must have a physical examination prior to participation in the sport. These can be done by the private physician or by the school doctor and must include vision and hearing screenings as well as urine for sugar and protein. All private physicals must be submitted to and cleared by the school nurse. **Physicals are not to be submitted to the coaches.** A list of students cleared to participate will be submitted to the Athletic Director. **STUDENTS MUST BE MEDICALLY CLEARED BEFORE STARTING PRACTICE FOR ANY SPORT.**

### **Medications**

The school nurse is the only school employee permitted by state law to administer medications to a student during school hours. Please contact the school nurse for complete Board of Education regulations for medication administration in school. Essentially, a doctor's note stating the name, dosage, time, and route of medication to be given with written parental consent is required. No over the counter (OTC) medication will be given without a doctor's order and parental request. No OTC medication is to be brought to school for self- medication by students. The medication must be properly labeled in the original container and brought to the Health Office. Forms are included on this site.

Students in some instance may be allowed to carry and self-administer medication for potentially life threatening conditions, such as Epi-Pen or inhaled medication for asthma . A special permission form is required. Speak to the school nurse.

### **Accidents and injuries**

The school nurse administers first aid for injuries occurring during school hours, according to medical protocol as approved by the school physician. If injury is severe, every effort will be made to contact the parent/guardian immediately. It is important for the health and safety of your child that health information and emergency phone numbers are available to the health office staff.

### **Illness:**

In case of student illness such as fever, rash, vomiting the parent/guardian will be notified promptly to make arrangements to pick up the child at school. In the event the parent/guardian cannot be reached, the contact person delegated by the parent to assume the responsibility will be contacted. It is the parent's responsibility to notify the school promptly of any change of contact information. **A sick student should not be sent to school for diagnosis.** Students should be fever-free for twenty-four hours before return to school.